

**Periwinkle changes the lives of children with cancer**

Children with cancer and blood disorders and their families suffer emotionally as well as physically from these devastating illnesses. Founded in 1983, The Periwinkle Foundation began as a unique week-long camping program for children being treated for cancer at Texas Children's Cancer Center. The goal was to provide a camping experience away from the grueling hospital routine and just "have fun".

Today, with opportunities to experience the joy of childhood and begin to feel good about themselves, the program has expanded to help more than 800 children each year with cancer and other life threatening illnesses and has become an integral part of their emotional healing process. Two weekend camps for teens were added in 1998 to meet their special needs. To impact those children who can't come to camp, The Periwinkle Foundation added an art and creative writing program in 2001. All of the Periwinkle programs are provided free of charge.

According the Dr. Joann Dreyer, **"The children return from Camp Periwinkle glowing with confidence because their lives have been changed, forever! The week they spend at camp can't be duplicated in a hospital."** For one week each year at Camp Periwinkle, over 165 children, ages 7 to 15 with cancer and blood disorders experience the joy of childhood in an atmosphere free from their usual cares. All campers are newly diagnosed, currently in treatment, were too sick to come to camp when they were in treatment, survivors, or the sibling of a patient. The children come from all walks of life and, this year, more than 43% of the campers were provided with clothing and toiletries for camp. Recognizing that emotional healing is as essential as physical healing, Camp Periwinkle provides uplifting

programs in a safe environment overseen by medical personnel.

**At Camp YOLO you can feel welcome and no one makes fun of you.**

You Only Live Once, a unique weekend camp held once in the spring and again in the fall, was named by its first teen-age participants. More than 150 campers, ages 13 to 18 are in treatment at Texas Children's Hospital for cancer, blood disorders, renal, HIV and cardiac problems. Siblings are welcome at YOLO, too. Dealing with adolescence as well as life threatening illnesses, programs meld fun and relaxation with a caring, safe environment that encourages teens to express their feelings.

**"Making A Mark®" gives my daughter something to look forward to when she comes for treatment instead of needle pricks and feeling bad."**

This powerful and popular Texas Children's Cancer Center program, Making A Mark gives over 500 patients and siblings an opportunity to express their hopes and fears through art and creative writing projects. Conducted year around, the projects also help distract children from pain and boredom during often long hospital visits. "Making A Mark" culminates in an annual exhibit that travels nation-wide. The next exhibit is open to the public and will begin on Sunday, September 12, from 2- 4 p.m., at Texas Children's Hospital, 6701 Fannin.

The name "Periwinkle" comes from the periwinkle flower, a life giving plant whose components are used in the treatment of childhood cancer.

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## Greater Houston Convention and Visitors Bureau

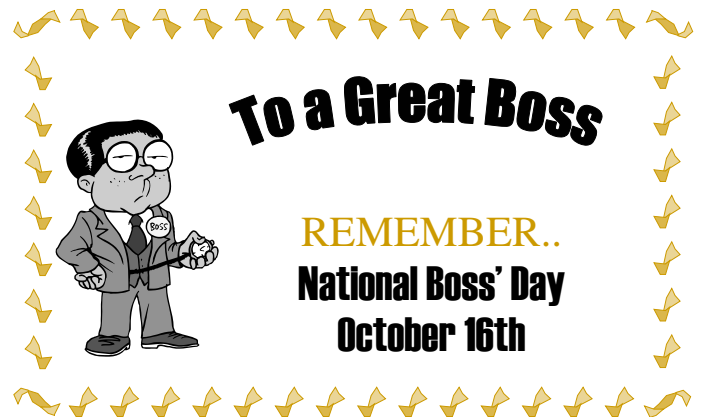
The Houston Visitors Center is a source of information, entertainment and enlightenment. It is the perfect starting point for anyone visiting or living in Houston. The center represents everything that Houston has to offer. Discover information on history, fine arts, attractions, restaurants, retail and education.

One of the largest Visitors Center in the United States, The Houston Visitors Center is located at 901 Bagby, on the first floor of the historic City Hall. It is open Monday through Saturday from 9:00am-4:00pm and on Sundays from 11:00am-4:00pm. Parking is available on either side of Walker Street. Additional parking is in the Theatre District underground garage. The Visitors Center will validate parking. They give daily tours that depart and return to The Visitors Center. Tours include Downtown tunnel & trolley tours, City of Houston bus tours and Space Center/NASA bus tours. Over 10,000 brochures, magazines and flyers, The Visitors Center has Information Specialists that will help you with directions, planning activities and any questions you have about Houston. Looking for a facility to host your next meeting? The Visitors Center has many rooms available and can accommodate 50-250 guests.

For more information, please call 713-437-5556, or you can also visit their website at [www.visithoustontexas.com](http://www.visithoustontexas.com).


# Texas Maze

Looking for something fun to do this fall with the family? And close to home? Check out [www.texasmaze.com](http://www.texasmaze.com) and plan a trip to the Dewberry Farm. They have lots of activities for all ages! The Corn Maze and pumpkin patch are just a few of the fun things to do at Texas Maze. Check the website for dates and times!



**To a Great Boss**

**REMEMBER..**  
**National Boss' Day**  
**October 16th**




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**TOWER TRIBUNE**  
Volume XIII Issue 16 Fall 2004

Produced by Texas Tower Limited and published quarterly for the tenants, retailers and visitors to JPMorgan Chase Tower.

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Deadline for the Winter 2004 issue is October 15, 2004.  
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**Hines Management Office and JPMorgan Chase Tower will be closed September 6th in observance of Labor Day**

Should you require air conditioning on the above date, please FAX your overtime air request form to the Hines Engineering Dept. at 713- 224-7811 by 1:00 p.m. on September 2nd.

**Thank you and have a safe and wonderful holiday!**

**Don't forget to FALL BACKWARDS October 31st**



**Change your Clocks back One Hour**

Extra Pounds Raise Breast Cancer Risk

October is National Breast Cancer Awareness Month, and a good time to reflect on ways for women to reduce their risk. If you are over 45, you may want to consider shedding extra pounds. According to a recent study at Oxford University, obese women were 40% more susceptible to breast cancer. In fact, the risk of breast cancer increased measurably with every extra pound in women over 45. Fat stimulates the production of a form of the hormone estrogen, which can contribute to the disease.

*The King and Queen invite you to join them at:*

**The Texas Renaissance Festival**

October 2 – November 14

Go to [www.texrenfest.com](http://www.texrenfest.com) for more information

**Congratulations** to the Engineering Staff of JPMorgan Chase Tower for meeting their goal of one year without a lost time injury. An increased focus on safe working techniques has resulted in a string of days without injury to almost 500 days.

As you know the engineering staff is involved in many different trade disciplines ranging from air conditioning, plumbing, and electrical, while serving the needs of the building.

Their increased focus on safety is appreciated as they continue to maintain JPMorgan Chase Tower in Class A condition.



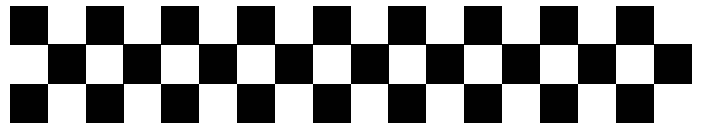
**BOOKS ARE FUN  
BOOK FAIR**

SEPTEMBER 20-24  
TUNNEL LEVEL

**LOOK FOR GREAT GIFTS FOR  
YOURSELF OR FOR OTHERS!**

**CLINIQUE RETURNS TO  
THE TOWER**

In conjunction with Breast Cancer Awareness Month, JPMorgan Chase Tower are inviting back the popular representatives with Clinique to the Tunnel on **October 6th** from 10am-3pm. The sales reps will be taking pre-orders for the upcoming gift with purchase. It's a great time to reserve your free gift and receive great samples. You will also have a chance to win a basket full of Clinique products!

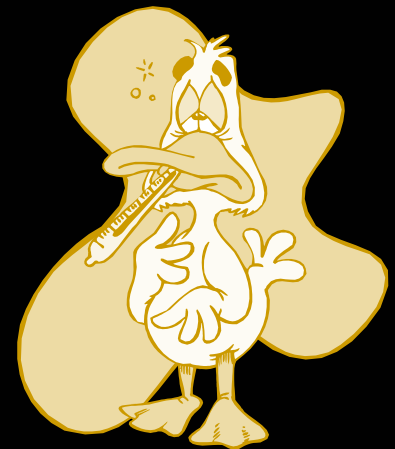


**Get your Flu Shot in the  
Tower**

**October 7th and  
October 21st**

**Tunnel  
Level**

**Behind  
Escalator**



*Continued from page 1*

For 21 years, the power of the flower has changed the lives of thousands of children with life threatening illnesses for life.

The Periwinkle Foundation is a 501©3 charitable organization. For more information on helping these wonderful children, visit [www.periwinklefoundation.org](http://www.periwinklefoundation.org)

**The Dead Sea Scrolls** Oct. 1, 2004-Jan.2, 2005  
**Houston Museum of Natural Science** [www.hmns.org](http://www.hmns.org)

The World Famous Dead Sea Scrolls include the earliest known manuscripts of the books of the Hebrew Bible, known to Christians as the Old Testament. Rarely seen outside of Jerusalem, this unique exhibition includes actual fragments of 13 of the scrolls written more than 2,000 years ago, plus artifacts from the Dead Sea settlement of Qaram near the caves where the scrolls were discovered in 1947.

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